



## **STARTERS**

Soup of the Day *with bread & butter* 6.50 (gfo)

Hot Wings *crispy floured chicken wings coated in a sweet & spicy chilli & lime glaze*  
(or BBQ Glaze for something milder) 8.50 (gfo)

Mozzarella Dippers *breaded mozzarella sticks with sweet chilli dipping sauce* 6.95 (v)

Smoked Salmon & Beetroot *smoked salmon parcels stuffed with soft cheese & herbs. Served with crispy crostini & homemade beetroot salsa* 9.95 (gfo)

Whitebait *crispy whitebait served with tartar sauce, tomato & paprika salsa, lemon & kale* 7.50(gf)

Southern Fried Chicken Tenders *crispy chicken goujons with garlic mayo* 7.50

## **MAINS**

Fisherman's choice – *please enquire about our changing fish special.*

Homemade Pie *homemade pie served with new potatoes or chips, seasonal greens & gravy.*  
(please allow for a 20 minute cook time) 16.50

Beer Battered Haddock *triple cooked chips, peas, tartare sauce and lemon* 16.95

Whole-tail Breaded Scampi *triple cooked chips, peas, tartare sauce and lemon* 15.95

Chalk Stream Trout 'Romesco' *new potatoes, seasonal green veg, herb oil & Romesco sauce (gf)* 17.50  
(romesco is a thick sauce made of roasted red peppers, tomatoes, almonds, garlic & herbs)

Chicken Schnitzel Caesar Salad *crispy breaded chicken breast with gem lettuce, bacon, anchovies, egg, parmesan, croutons & homemade Caesar dressing* 16.95

Cajun Chickpea Salad *roasted butternut squash, caramelised red onion, spinach and crispy mix leaf with cajun dressing (v)(gf)* 12.50

Add: *halloumi (v)(gf)* 2.50

Moving Mountains Plant-Based Burger *with vegan applewood cheddar, lettuce, tomato, gherkins, crispy onions & burger relish with coleslaw & triple cooked chips* 14.95 (v)

## **GRILL**

Sirloin Steak *8oz char-grilled sirloin steak served with garlic buttered mushroom, tomato, salad garnish & triple cooked chips* 22.50 (gf option available)

The Bear Beef Burger *cheddar, lettuce, tomato, gherkins, crispy onions & burger relish with coleslaw & triple cooked chips* 15.95 (gf option available)

Extra toppings: *streaky bacon* 2.50 - *garlic mushroom* 2.50 - *fried egg* 2.50 – *beef burger patty* 4.00

Gammon Steak *fried eggs, peas and triple cooked chips* 15.95 (gf option available)

Chicken Burger *grilled chicken breast, lettuce, tomato, gherkins, crispy onions & Cajun relish. Served with coleslaw & triple cooked chips* 16.95 (gf option available)

Hunters Chicken *bbq sauce, bacon & melted cheese with triple cooked chips and house coleslaw* 14.95

## **SMALLER PORTIONS**

IPA Battered Haddock *triple cooked chips, garden peas, tartare sauce & a lemon wedge* 13.50

½ Horseshoe Gammon *egg, peas & triple cooked chips* 11.50 (gf option available)

Whole-tail Breaded Scampi *triple cooked chips, peas, tartare sauce and lemon* 11.95

## **SIDES**

*Truffle & Parmesan Fries* 5.95(gf) - *Rosemary Triple Cooked Chips* 3.50(gf)(v) – *Triple Cooked Chips* 3.50(gf)(v) – *Cheesy Triple Cooked Chips* 4.95(gf)(v) -*Buttered New Potatoes* 4.50(gf)(v) – *Green Salad* 3.95(gf)(v) - *Garlic Ciabatta* 3.50 (v)– *Cheesy Garlic Ciabatta* 4.50 (v)

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If you have an allergy, please talk to a team member. Dishes may not contain specific allergens, however our food is prepared in areas where cross contamination may occur. (v) vegetarian. (ve) vegan. (gf) gluten free. (gfo) gluten free option available on request.

## **DESSERT**

Sticky Toffee Pudding, *butterscotch sauce, Biscoff crumb & vanilla ice cream* 7.95 (v)

Berry & Black Treacle Tartlet *sable biscuit tart, berries, cream, chocolate* 7.95 (v)

Creme Brulee *custard dessert served with dark chocolate & biscuits* 7.95 (v)

Billionaire's torte *layers of chocolate, biscuit & caramel served with vegan chocolate ice cream* 7.95(ve)(gf)

Cookies & Ice cream *warm cookies stuffed with white chocolate topped with crushed Oreos, chocolate sauce & salted caramel ice cream* 8.50 (v)

Eton Mess Sundae *layers of meringue, cream berries & berry coulis* 7.50 (v)(gf)

Ice Creams (v) 1Scoop 3.00 - 2 Scoop 4.95 – 3 Scoop 6.25

*Madagascan Vanilla – Chocolate Chunk - Mint choc chip – Raspberry ripple – Pistachio – Strawberries & Cream – Salted Caramel –Vegan Chocolate – Vegan Vanilla*

Affogato *vanilla ice cream 'drowned' in double espresso* 5.50

### LOOKING FOR SOMETHING DIFFERENT?

Espresso Martini • French Martini • Aperol Spritz • Irish Coffee with Jameson's Irish Whiskey

### HOT DRINKS

Americano

Café Latte

Cappuccino

Flat White

Mocha

Espresso

Double Espresso

Double Macchiato

Hot Chocolate

Selection of Teas

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[www.bear-and-ragged-staff.co.uk](http://www.bear-and-ragged-staff.co.uk)

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