



THE BEAR &
RAGGED STAFF

ROMSEY

STARTERS

Soup of the Day *served with bread & butter - please ask your server for today's choice (v)* 6.50

Mozzarella dippers *breaded mozzarella sticks with sweet chilli dipping sauce* 6.95

Smoked Salmon & Beetroot *smoked salmon parcels stuffed with soft cheese & herbs. Served with crispy crostini & homemade beetroot salsa* 9.95

Southern Fried Chicken Tenders *crispy chicken goujons with garlic mayo* 7.50

Vegan Flatbread *with vegan meatballs, spicy tomato sauce, toasted flatbread & garlic aioli (ve)* 7.50

Whitebait *breaded whitebait served with spicy tomato salsa, tartar sauce, lemon & crispy kale* 7.50

SUNDAY ROAST

served with cauliflower cheese, seasonal greens, braised red cabbage, stuffing & bottomless roast potatoes, Yorkshire puddings and gravy

Slow roasted Beef Topside 20.50

Roast English Pork Loin with Crackling 19.95

Roast English stuffed, boneless Chicken 19.95

Plant-Based Homemade Nut Roast 19.95

Trio Roast (Beef, Pork Loin & Boneless Stuffed Chicken) 22.50

MAINS

The Bear Beef Burger *cheddar, lettuce, tomato, gherkins, crispy onions & burger relish with coleslaw & triple cooked chips* 15.95 (gf option available)

Extra toppings: *streaky bacon 2.50 - garlic mushroom 2.50 - fried egg 2.50 - beef burger patty 4.00*

Beer Battered Haddock *triple cooked chips, peas, tartare sauce and lemon* 16.95

Whole-tail Breaded Scampi *triple cooked chips, peas, tartare sauce and lemon* 15.95

Cajun Roasted Chickpea Salad *crispy leaf with butternut squash, caramelised red onion, roasted chickpeas, spinach & Cajun Dressing (v)* 12.50

Add: halloumi 2.50

If you have an allergy, please talk to a team member. Dishes may not contain specific allergens; however our food is prepared in areas where cross contamination may occur. (v) vegetarian. (ve) vegan. (gf) gluten free (gfo gluten free option available on request)

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SIDES

Rosemary Triple Cooked Chips (v) 3.50 • Cheesy Triple Cooked Chips (v) 4.95 • Butter & herb New Potatoes (v) 4.50 • Green Leaf Salad (ve) (v) 3.95 • Garlic Ciabatta Bread (v) 3.95 • Garlic Cheese Ciabatta Bread (v) 4.95 • Roast Potatoes and Gravy 4.50

DESSERT

Sticky Toffee Pudding, *butterscotch sauce, Biscuit crumb & vanilla ice cream* 7.95 (v)

Berry & Black Treacle Tartlet *sable biscuit tart, berries, cream, chocolate* 7.95 (v)

Creme Brulee *custard dessert served with dark chocolate & biscuits* 7.95 (v)

Billionaire's torte *layers of chocolate, biscuit & caramel served with vegan chocolate ice cream* 7.95(ve)(gf)

Cookies & Ice cream *warm cookies stuffed with white chocolate topped with crushed biscuit, chocolate sauce & salted caramel ice cream* 8.50 (v)

Ice Creams 4.50 (v) (1Scoop 3.00 - 2 Scoop 4.95 - 3 Scoop 6.25)

Madagascar Vanilla - Chocolate Chunk - Mint choc chip - Raspberry ripple - Pistachio - Strawberries & Cream - Salted Caramel - Vegan Chocolate - Vegan Vanilla

Affogato *vanilla ice cream 'drowned' in double espresso* 5.50

LOOKING FOR SOMETHING DIFFERENT?

Espresso Martini • French Martini • Aperol Spritz • Irish coffee with Jameson's Irish whiskey

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